

The Massage Therapy Diploma program emphasizes skills and knowledge for entry-level employment as a massage therapist. After successful completion of this program students will be eligible to take the NCETM certification exam offered by the National Certification Board of Therapeutic Massage and Bodywork (NCBTMB) and/or the MBLEx licensing exam offered by the Federation of States Massage Therapy Board (FSMTB). The students will be eligible for professional membership in such associations as the American Massage Therapy Association (AMTA) and the Association of Bodywork and Massage Professionals (ABMP).

CAREER OPPORTUNITIES

Graduates will be prepared to enter the field of massage therapy as an entry-level therapist in a variety of professional work settings. After successful completion of this program students will be eligible to take the certification exam offered by the National Certification Board of Therapeutic Massage and Bodywork (NCBTMB).

The goal of this program is to prepare graduates who are able to:

1. Demonstrate industry appropriate entry-level massage and body work techniques through hands-on application
2. Identify appropriate client condition for massage or body work
3. Assess client movement and behavior and develop industry appropriate massage and body work treatment plan
4. Exhibit industry specific personal and professional boundaries in the work setting
5. Identify the massage therapy licensing laws, rules and regulations specific to the student's state of residence
6. Explain compliancy rules in regards to health regulatory agencies and universal health precautions
7. Analyze basic anatomy, physiology, pathology and kinesiology concepts in relation to massage and body work

PROGRAM REQUIREMENTS

Class #	Class Name	Credits
HS150	Kinesiology‡	4
MA100	Medical Terminology	4
MA110	Anatomy and Physiology‡	5
MA120	Health Care Law and Ethics	4
MS107	Swedish Massage	2
MS151	Pathology for Massage Therapists**‡	4
MS155	Pregnancy/Special Populations Massage	3
MS156	Myofascial Release	3
MS157	Hot Stone Massage/Spa Techniques	3
MS195	Business of Massage‡	4
MS216	Deep Tissue/Trigger Point Massage	2
MS217	Deep Tissue/Trigger Point Clinic	1
MS245	Anatomy and Physiology for Massage	4
MS258	Introduction to Thai/Energy Work	2
MS262	Sports Massage	2
MS263	Sports Massage Clinic	1
MS271	Massage Clinical Practicum	1
PD250	Career Development	1
SS103	Global Citizenship	2
Total Program Minimum Credit Requirement ◊		52

Notes:

Students may be required to complete Foundations of Mathematics I and/or II and Foundations of Writing I and/or II based upon competency exam scores.

**This course is not available online for Moorhead massage students due to licensing restrictions in surrounding states.

‡These courses are not available online for Sioux Falls massage students due to licensing restrictions in South Dakota.

◊Any student planning to apply for licensure in North Dakota is required to take the residential course section of NS140 Anatomy and Physiology and HS265 Exercise Physiology.